



# BAGGAGE WEIGHT AND RESTRICTIONS

Check your airline's website for luggage dimensions, restrictions, and fees. Be aware of the carry-on and personal item allowance, and consider leaving space for souvenirs.



## *Personal Item*

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such as a purse or  
laptop bag



## *Carry-on Bag*

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22in x 14in x 9in



## *Checked Bag*

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62 linear inches total  
(L + W + H)  
up to 50lbs



# Packing Checklist

## The week before

- Purchase any needed clothing (check dress codes)
- Dry clean/tailor clothing
- Pay upcoming bills
- Laundry
- Empty refrigerator
- Download entertainment:  
TV Shows/Movies/Music/Books
- Copy important documents
- Download apps
- Take out cash
- Inform credit card company of travel (or use in airport)

## The day before

- Check-in for flights
- Stop the mail
- Out-of-office email automation
- Take out trash
- Charge ALL electronics

## The day of

- Close and lock all windows/doors
- Unplug small appliances
- Turn down AC/heat
- Turn off lights/fans
- Car and house keys (safe place)

## Travel

- Carry-on
- Mid-sized checked
- Day pack/camera bag
- Packing cubes
- Ziploc/plastic bags
- Laundry bag
- Portable fans
- Foot rest
- Travel pillows

- Sleep masks
- Ear plugs
- Snacks
- Water bottle

## Electronics

- Phone + charger
- Smart watch + charger
- Laptop + power cord
- Tablets + chargers
- Headphones
- Aux adapter for headphones on plane
- External battery pack
- Camera w/accessories

## Toiletries

- Toothpaste/brush
- Razors
- Shampoo/conditioner
- Deodorant
- Q-Tips/Kleenex
- Facial cleanser/moisturizer
- Gel/hair spray
- Combs/brushes/hair ties
- Cologne/perfume
- Nail clippers/tweezers
- Stain remover pen/wipes
- Goldbond/body glide
- Biodegradable sunscreen/ aloe vera
- Lip balm w/ sunscreen
- Steamer

## Entertainment

- Audio books/books/magazines
- TV shows/movies/music
- Games/playing cards
- Notebook/pen

## First Aid

- Band aids
- Antibiotic ointment
- Cold medicine
- Moist towelettes/wipes
- Anti-itch cream/Cortisone
- Insect repellent
- Lotion for insect bites
- Antacid/Tums
- Tylenol/Ibuprofen
- Motion sickness: Bonine/bands/ginger
- Prescriptions/medications
- Melatonin/sleep aid
- Pepto Bismol/Imodium

## Documents

- Driver's license
- Passport
- Wallet w/credit cards and cash
- Insurance cards/travel insurance

## Adventure

- Binoculars
- Snorkeling gear
- Water shoes
- Dry bag  
(Waterproof phone case)
- Sun hat/sunglasses
- GoPro/underwater camera